SHERWOOD DANCE WINTER/SPRING 2012 January 4th-June 14th

MONDAY

A	B	C	PinDrop
			6:00-7:00 **Power & Alignment Yoga** (start March)
		9:00 - 10:00 jazzercise	
		10:15-11:15 **Callanetics** Brynn	
10:45-11:30 **PreBallet/ Jazz/Tap** (3-4) Rachelle			
1:30-2:30 **Adv Tap** Rachelle			
3:15-4:00 **BegBallet/ Tap/HipHop** (4-5) Liana	3:15-4:15 **Beg Jazz** (7-9) Rachelle	3:00-4:00 **Tumbling** (5-6) Morgan	
4:15-4:45 **LittleTap/ HipHoppers** (2-3) **FULL CLASS**	4:15-4:45 **Beg Tap** (7-9) Rachelle		
5:15-6:15 **IntBallet/ Tap** (5-7) Liana	5:00-5:45 **BegJazz/ HIpHop** (4-5) **FULL CLASS**	4:30-5:45 **Int Ballet** (approval) (10-13) Kindal	4:45-5:45 **Act I** (10-13) Andrea
6:15-7:00 **HipHop/ Breakdance** (6-7) Liana	6:00-7:00 **Tap/Jazz** (10-13) Brynn		
7:00-9:00 **Ballroom** Michaela		6:00-8:00 **Int/Adv Ballet** (Teen/Adult) Kindal	7:30-8:30 **Power Yoga** Kristen

TUESDAY

A	B	C	PinDrop
9:30-10:00 **Toddler Time** (14-23mo) Megan	9:30-10:00 **LeapNLearn** (3s) Lisa	9:00-10:00 jazzercise	
10:00-10:45 **BegBallet** (4-6) Megan	10:20-10:50 **LeapNLearn** (2s) Lisa		10:15-11:15 **Gentle Yoga** Kristen
10:45-11:30 **Beg Ballet/ Tap/HipHop** (3-5) Megan		10:30-11:30 **Nia** Kriszti	
11:45-12:15 **LittleMovers/ Tap** (2-3) Megan			
12:15-1:15 **BegBallet/ Tap/HipHop** (5-6) **FULL CLASS**			12:30-1:30 **Swiss Body** Krissy
3:00-3:45 **BegBallet** (5-6) Megan	3:15-4:00 **PreBallet/ Tap** (3-4) Brynn		2:45-3:30 **FairyTale Fantasy** (5-6) Krissy
4:00-5:00 **BegBallet/ Tap** (6-8) Brynn/Megan	4:30-5:15 **Beg Kids Bellydance** (6+) Andrea	4:30-5:30 **Beginning HipHop** (10-13) Tyler	4:00-5:00 **Musical Theater** (8-13) Krissy
5:00-6:00 **Boys Tumbling** (7-10) Morgan	5:15-6:00 **Adv Kids Bellydance** (7+) Andrea	5:30-6:30 **Intermed. HipHop** (7-9) Tyler/Brynn	5:00-7:00 **Scottish Highland** (7+) Jan
	6:00-7:00 **Acro 2** (approval) Morgan		
7:00-8:00 **Bellydance** (Teen/Adult) Andrea	7:00-8:00 **ZUMBA** Brynn	7:00-8:00 **Advanced Tumbling** (approval) Morgan	
8:00-8:30 **Bellydance2** (Teen/Adult) Andrea			

WEDNESDAY

A	B	C	PinDrop
			6:00-7:00 **Power & Alignment Yoga** (start March)
9:00-9:45 **Boomer Cardio** Brynn		9:00 - 10:00 jazzercise	
10:00-10:30 **LittleMovers/ Tap** (2-3) Rachelle	10:00-11:00 **Callanetics** Brynn		
11:00-11:45 **PreBallet** (3-4) Jenny	10:45-11:30 **PreBallet/ Tap** (3-4) Rachelle		
11:45-12:30 **Tap & Tumble** (4-5) Jenny			
12:30-1:15 **Jazz/ HipHop** (5-6) Jenny			
1:30-2:30 **Int Tap** Rachelle			
		3:00-3:30 **Pre Breakdance** (4-6) Liana	
4:00-5:00 **Beg Tap** (Teen/Adult) Rachelle	3:45-4:45 **Acro I** (6+) Jenny	3:30-4:15 **HipHop/ Breakdance** (5-7) Tyler/Liana	
5:00-5:45 **BegBallet** (7-9) Rachelle	4:45-5:45 **Beg/Int Jazz** (9-11) Jenny	4:30-5:30 **Intermed. HipHop** (10-13) Tyler/Liana	
5:45-6:30 **Beginning HipHop** (7-9) **FULL CLASS**	5:45-6:30 **Int Tap** (9-12) Liana	5:30-6:00 **PreBallet** (3-4) Kindal **FULL CLASS**	
6:30-7:30 **HipHop** (Teen/Adult) Tyler	6:30-9:00 **Private** Scott	6:00-8:00 **Int/Adv Ballet** (Teen/Adult) Kindal	

THURSDAY

A	B	C	PinDrop
9:15-10:15 **Private** Yoga Ladies		9:00-10:00 jazzercise	
		10:15-11:15 **Private** Morgan	
10:30-11:15 **BegBallet/ Tap** (4-5) Liana	10:30-11:00 **Tot'N' Around** (3-4) Sonja/Dayna		10:30-11:30 **Nia** Kriszti
3:15-3:45 **PreHipHop** (3-4) Liana	3:45-4:15 **LittleTap/ HipHoppers** (2-3) Lisa	3:00-4:00 **Int Ballet** (5-6) Megan	
4:00-5:00 **BegBallet** (5-7) Erin/Sarah	4:30-5:15 **ZumbAtomic** (8-12) Lisa (start Feb)	4:00-5:15 **IntBallet/ Tap** (7-9) Liana/Megan	
5:00-6:00 **BegBallet** (8-10) Erin/Sarah	5:15-5:45 **PreBallet** (3-4) Lisa	5:15-6:00 **BegBallet/ Tap** (4-5) **FULL CLASS**	
6:00-7:00 **BegBallet** (10-13) Erin/Sarah	6:00-6:45 **Adv. Tap** (Tweens) (approval) Liana	6:00-7:00 **BegBallet/ Jazz** (5-7) Megan	6:00-7:00 **Lyrical** (Teen/Adult) Brynn
7:00-8:00 **Ballroom** Michaela	7:00-8:00 **ZUMBA** Brynn	7:00-8:30 **Beg Ballet** (Teen/Adult) Kindal & Megan	7:00-8:00 **Power & Alignment Yoga** (start Feb)

FRIDAY

A	B	C	PinDrop
9:15-10:00 **Mommy & Me** (6-24mo) Krissy		9:00 - 10:00 jazzercise	9:00-10:00 **Power Yoga** Michelle
10:00-10:30 **LittleMovers/ Tap** (2-3) **FULL CLASS**			10:15-11:15 **Gentle Yoga** Michelle
10:45-11:30 **PreBallet/ Tap** (3-4) Rachelle	10:45-11:30 **Tap & Tumble** (4-5) Jenny		11:30-12:00 **Yoga Kids** (4-5) Michelle
11:45-12:30 **BegBallet/ Tap** (4-5) Rachelle	11:45-12:30 **BegBallet/ Tap** (4-6) Jenny		
1:30-2:30 **Beg Tap** Rachelle			1:45-2:45 **Family Yoga** (kids 3-5) Michelle
		3:30-4:30 **Kids Flamenco** (7+) Megan	
3:15-4:15 **BegBallet** (6-8) Rachelle	4:45-5:30 **BegBallet/ Tap** (5-6) Brynn	4:30-6:00 **Int Ballet** (approval) (10-13) Megan	4:00-6:00 **Scottish Highland** (7+) Jan
4:15-5:00 **Beg Tap** (6-8) Rachelle			
5:15-6:45 **Jazz** (Teen/Adult) Rachelle	6:00-7:00 **BegBallet/ Jazz** (Tweens) Megan	6:00-9:00 **Ballroom** Michaela	6:15-7:45 **Tai Chi** Carlos

SATURDAY

A	B	C	PinDrop
	9:30-10:30 **Irish** (5+) Cameron		
10:00-10:45 **PreBallet/ Tap** (3-4) Megan			
11:00-12:00 **BegBallet/ Tap** (4-5) Megan		11:00-2:00 **Ballroom** Michaela	
12:00-1:00 **BegBallet** (5-7) Megan			
1:00-3:00 **Birthday Parties**			
		3:00-6:00 **Private** Scott	

Recital Dates:

Costume Payments Due:
March 23rd

Recital Schedule Available:
May 7th
Rehearsal Schedule Available:
May 14th

Dress Rehearsal
Friday, June 15th
Recital
Saturday, June 16th

Dance Classes | **PinDrop Classes** | **Theater Classes**

NonDance Academy Classes

Jazzercize - jazzercise.com
Ballroom -dancingintherain.net
Callanetics - 503.537.8700
Zumba - 503.537.8700
Carlos - 971.238.2454
Nia - 503.925.4415