



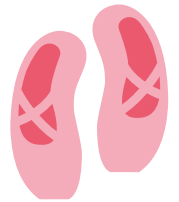
# Exploration Camp Schedule



This document includes the schedule for the Exploration Dance Camp that will be held from June 24th-28th from 9:30-11:30am!



## Monday 6/24 - Ballet



Ballet is a fundamental dance form full of beauty and grace, and uses very structured movements, music, and scenery to convey a story, theme, or atmosphere. Students will develop skills using barre and floor exercises. Ballet is a true building block of dance.

Dress Code: Form fitted clothing, ballet shoes are great if you have them but we don't expect people to buy anything for this camp so barefoot is also acceptable. Hair must be in a bun or ponytail, for shorter hair it must be pulled away from the face.



## **Tuesday 6/25 - Jazz**

Jazz is faster and freer than most styles but still uses a lot of the same basic techniques of ballet, contemporary, and hip hop. Students learn to articulate the body to form shapes and create images of music, as well as working on choreography. Jazz is perfect for students with high energy that enjoy a faster paced class.

Dress Code: Form fitted clothing, barefoot or jazz/pirouette shoes if you have them. Hair must be in a bun or ponytail, for shorter hair it must be pulled away from the face.





## **Wednesday 6/26 - Tap**

Tap is music with your feet. Students learn to articulate the feet with tap shoes to create intricate rhythms and sounds. Tap is perfect for the beginner, or for those who love drums and music, as it gives students the gratification of creating movement and sound.

Dress Code: Comfortable, form fitted clothing you can easily move in. We do not expect people to buy tap shoes for this camp, so as a replacement they can wear regular shoes with a flat sole, no sneakers or any type of shoe that is super squeaky. If dancers sign up to take Tap in the Fall however, they will be expected to have tap shoes for class.





## **Thursday 6/27 - Lyrical**

Lyrical dance is a style that combines ballet and jazz dancing techniques. In Lyrical, the lyrics of a song are often used to inspire the movement. This style focuses a lot more on expressing emotions and is often more fluid and slow paced than jazz, but not as slow paced as ballet.

Dress Code: Form fitted clothing, barefoot or jazz/pirouette shoes if you have them. Hair must be in a bun or ponytail. For shorter hair it must be pulled away from the face.





## Friday 6/28 - Acro

Acro includes skills in balance, flexibility, strength training, and tumbling. In addition to basic tumbling, variations are introduced and explored.

In dance pieces, the emphasis is placed on transitioning between acrobatics in fluid and aesthetic ways as well as collaborative partnering.

Dress Code: Leotard or form fitting top, leggings or shorts. Students must be barefoot. Hair must be in a **low** bun or ponytail. For shorter hair it must be pulled away from the face.

